



INFORMED CONSENT/ASSUMPTION OF RISK (page 1 of 2)

I, _____, agree to participate in the 2014 Turkey Challenge competition sponsored by MBS CrossFit, L.L.C., (hereinafter referred to as MBS CrossFit). I have been afforded adequate opportunity to make inquiries of MBS CrossFit to become fully aware of the anticipated levels of competition of the 2014 Turkey Challenge competition and the anticipated events thereof in which I desire to participate and which I have unilaterally chosen. I acknowledge these activities/events are of a nature and kind that are extremely strenuous and can/may push me to the limits of my physical abilities. I the undersigned recognize and understand that the competition and anticipated events of the competition are not without varying degrees of risk, which may include, but are not limited to the following:

Injury to the musculoskeletal and/or cardio respiratory systems which can result in serious injury or death, injury or death due to negligence on the part of myself, co-teammates, if participating in the team events, other participants, or other people around me, injury or death due to improper use or failure of equipment, or injury or death due to a medical condition, whether known or unknown by me. I am aware that any of these above mentioned risks may result in serious injury or death to me, my teammates or co-participants. I am not presently under the care of a licensed physician or medical professional for any physical condition or injury nor have I been advised to refrain from physical activity to any degree.

Initials: _____



I willingly assume full responsibility for any and all risks that I am exposing myself to as a result of my participation in the MBS CrossFit 2014 Turkey Challenge competition and accept full responsibility for any injury or death that may result from participation in any event in connection with the 2014 Turkey Challenge. I hereby certify that I know of no medical problems that would increase my risk of illness and injury as a result of participation in a fitness program designed by MBS CrossFit. MBS CrossFit informed me that there exists the possibility of adverse physical changes during a competition event or in the preparation for such event and I fully understand the same. MBS CrossFit informed me that these changes could include abnormal blood pressure, fainting, disorder of heart rhythm, stroke, and in very rare instances, heart attack or even death, and I fully understand the same. With my full understanding of the above information, I agree to assume any and all risk associated with my participation in MBS CrossFit 2014 Turkey Challenge competition event.

Initials: _____



Release: *In full consideration of the above mentioned risks and hazards and in full consideration of the fact that I am willingly and voluntarily participating in the activities associated with the MBS CrossFit 2014 Turkey Challenge competition, and with my full understanding of all of the above, I hereby waive, release, remise and discharge MBS CrossFit and its agents, officers, principals and employees and volunteers, of any and all liability, claims, demands, actions or rights of action, or damages of any kind related to, arising from, or in any way connected with, my participation in the MBS CrossFit 2014 Turkey Challenge, including those allegedly attributed to the negligent acts or omissions of the above mentioned parties.*

This agreement shall be binding upon me, my successors, representatives, heirs, executors, assigns, or transferees. If any portion of this agreement is held invalid, I agree that the remainder of the agreement shall remain in full legal force and effect.

If I am signing on behalf of a minor child, I also give full permission for any person connected with MBS CrossFit to administer first aid deemed necessary, and in case of serious illness or injury, I give permission to call for medical and or surgical care for the child and to transport the child to a medical facility deemed necessary for the well being of the child.

Initials: _____





INFORMED CONSENT/ASSUMPTION OF RISK (continued, page 2 of 2)

Indemnification: *I recognize that there is risk involved in the types of activities offered by MBS CrossFit and specifically the 2014 Turkey Challenge competition event. Therefore I accept financial responsibility for any injury that I or the participant may cause either to him/herself or to any other participant due to his/her negligence. Should the above mentioned parties, or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to reimburse them for such fees and costs. I further agree to indemnify and hold harmless MBS CrossFit, their principals, agents, employees, and volunteers from liability for the injury or death of any person(s) and damage to property that may result from my negligent or intentional act or omission while participating in activities offered by MBS CrossFit.*

Initials: _____



Use of picture(s)/film/likeness: *I agree to allow MBS CrossFit, its agents, officers, principals, employees and volunteers the picture(s), film and/or likeness of me for advertising purposes. In the event I choose not to allow the use of the same for said purpose, I agree that I must inform MBS CrossFit of this in writing.*

Initials: _____



I have fully read and fully understand the foregoing assumption of risk, and release of liability and I understand that by signing it obligates me to indemnify the parties named for any liability for injury or death of any person and damage to property caused by my negligent or intentional act or omission. I understand that by signing this form I am waiving valuable legal rights.

_____/ /
Participant's Name (please sign)



_____/ /
Legal Guardian (if participant is under 18 years of age) (please sign)

